## YMCA of Niagara Employment Services- Thorold Workshop Calendar

## November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Navigating Change & Jump Start to Job Search 2:00 pm – 3:00 pm	2
5	6 Rev Up Your Resume & Cruising Through Cover Letters 10:30 – 11:30 am	7 Second Career Info Session 10:00 am – 11:00 am	8	9
12	13	14	15 Highway to Success & Fast Lane to Job Fairs 11:30 – 12:30 pm	16
19	20 Rev Up Your Resume & Cruising Through Cover Letters 10:30 – 11:30 am  *Feature Workshop* FINANCIAL LITERACY 3:00 pm – 5:00 pm	21 Second Career Info Session 10:00 am – 11:00 am	22	23
26	27	28	29 Navigating Change & Jump Start to Job Search 2:00 pm – 3:00 pm	30 Note: Occupational Health and Safety (OHSA) is available on a walk in basis. (Approx. 40-60 minutes)

Please sign up via email: <u>thoroldemployment@niagara.ymca.ca</u> or call (905) 397-8390





Workshop	Description		
Rev Up Your Resume & Cruising Through Cover Letters	Learn how to make a resume and cover letter that targets the job you want!		
Navigating Change & Jump Start to Job Search	Are you about to start on a new path? Learn how to deal with the change that come with job searching and obtaining employment.		
Highway to Success & Fast Lane to Job Fairs	Looking for tips and techniques to make yourself stand out to an employer? This workshop is for you!		
Mock Interviews	Not getting the job after the interview? Come and do a mock with one of our employment coaches and get feedback! Call to Book		
Occupational Health & Safety Act Certification*	Provides a basic training of the OHSA. Regulation requires all workers in Ontario to have this training.		
Resume Critique Drop-In	Have a resume but not getting the interview? Bring your existing resume for critique. First Come, First Served.		
Second Career Information Session	Have you been laid off and currently unemployed? Come learn about Second Career and whether you are eligible.		

\* Online Workshop – basic computer skills and earbuds required.

\*Feature Workshop this month\* - FINANCIAL LITERACY: Topics will cover what a budget is and why you should create one, the real cost of using credit card cash advances, the facts about using pay day loans, cash advances and pawn shops, how to calculate the real cost of 'bad loans,' tips to help you reach your financial goals and ideas to help adjust your spending.

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