

Interactions



WALKER FAMILY YMCA
CENTRE
25 YMCA Drive
905-934-9622 ex 265

Monday and Wednesday
9am - noon
1 - 4pm
Tuesday and Thursday
9am - 8pm
Friday
9am - noon
Saturday
9am - 1pm

BUNTING ROAD CENTRE
234 Bunting Road
905-980-6000 ex 6211

Monday to Friday
9am - noon
Monday to Thursday
1 - 4pm

GRANTHAM CENTRE
469 Grantham Avenue
905-937-7007

Monday to Thursday
9am - 1pm
Friday
9am - noon

THOROLD CENTRE
15 Pine Street South
905-227-9783

Monday to Thursday
9am - 1pm
Friday
9am - noon

For further information
or for Administration
please call: 905-938-9392

OCTOBER CLOSURES

All Centres are closed Monday, October 8 for Thanksgiving.

October registration will begin Monday, October 1 at 9am

Registration will begin on the first business day of each month and will be taken **Monday to Friday from 9am - 4pm.**

If you do not talk to someone when you call please leave a message and someone will get back to you by the end of the day or the following morning. Please remember to leave your name, number, what workshop you are registering for and if it is an adult workshop that is offering child care your child's name and age. Messages will be returned in the order they are received.

**To sign-up for all programs
please call 905-938-9392
Monday to Friday (excluding Holidays)
Between 9am – 4pm only**

Messages regarding registration left outside the above hours will **NOT** be accepted.

Reminder calls are made to families participating in scheduled workshops. **If you are unable to attend a workshop please call the centre where the workshop is being held.**

Our Infant Workshops are quite popular, and in order to serve more participants we ask that you choose one to participate in each month. These do not include any infant focused special events, special guests and field trips. You may register for as many of those and adult workshops as you would like.

Visit any one of these sites to find our newsletter

 **YMCA Twitter:** @YMCANiagara

 **Facebook:** YMCA of Niagara

YMCA of Niagara website:

<http://www.ymcaofniagara.org/programs/community-initiatives/earlyon-centres/>



Adult Opportunities
(All of the following require registration)

Adult Workshop	Date & Time	Location	Description
Apple Harvest Baking	Thursday, October 4 1:30-3pm	Walker Family YMCA Centre 25 YMCA Drive St.Catharines	Bring an apron and one pie plate! Today you'll prepare your own apple pie to enjoy for Thanksgiving dessert. We'll discuss other apple recipes as well. Limited child care is available.
Care for the Caregiver	Tuesday, October 9 9:30-10:30am	Bunting Road Centre 234 Bunting Road St.Catharines	Moms need time for themselves too! Sign up to enjoy an hour of coffee, creativity & conversation! Limited child care is available.
Feeding Your Toddler	Monday, October 15 10-11am	Grantham Centre 469 Grantham Avenue St.Catharines	A picky eater can be one of the biggest challenges for parents and caregivers. Join us today as we learn some new tips and information about what they actually need to be eating to stay healthy. Limited child care is available.
Screen Time: The Facts and the Myths	Tuesday, October 16 9:30-10:30am	Thorold Centre 15 Pine Street South Thorold	Come and hear the current facts about screen time, and whether to encourage it or ban it from your child's free time! Limited child care is available.
Life/Work Balance	Thursday, October 18 1:30-2:30pm	Bunting Road Centre 234 Bunting Road St.Catharines	Feeling overwhelmed, rushed & in need of some support. Join Kristin in this discussion and perhaps come up with some ideas that will work for you. Limited child care is available.
Learning Through Play	Tuesday, October 30 10-11am	Walker Family YMCA Centre 25 YMCA Drive St.Catharines	Let's discuss what exactly children are learning when they play, why unstructured play is so important, and how we as adults can facilitate interactive play. No child care available.

Field Trip
(Please read to see if registration is required)

Field Trip	Date & Time	Location	Description
Visit to the Fire Station	Wednesday, October 17 10-11am	Thorold Centre 15 Pine Street South Thorold	STOP, DROP, AND ROLL! We can't learn about fire without learning about those who put them out. Join us this morning as we visit the Thorold Fire station and learn the importance of fire safety and prevention. Registration is required.



Infants and Parent/Caregiver Interactions Children aged 0 - 12 months (All of the following workshops require registration. Please choose one)			
Infant Workshop	Date & Time	Location	Description
Infant Massage	Thursday, October 11, 18,25 and November 1 10-10:45am	Walker Family YMCA Centre 25 YMCA Drive St.Catharines	Participants in this 4 week program will learn the correct techniques to provide a soothing massage for their baby, aged birth – pre-crawling.
Infant Mother Goose	Thursday, October 11 and 18 10-11am	Thorold Centre 15 Pine Street South Thorold	This two-part program encompasses a variety of music to help calm and soothe you infant, aged birth to 12 months. The human voice is a special sound that babies can hear while still in the womb. Bring your babes and lets sing together!
Halloween Footprint	Tuesday, October 16 9:30-11am	Bunting Road Site 234 Bunting Road St.Catharines	Is it your baby's 1st Halloween? Sign up to make a cute little footprint ghou of your choice as a keepsake momento!
Sensory Play	Wednesday, October 24 10-11am	Grantham Centre 469 Grantham Avenue St.Catharines	From birth, children have learned about the world by touching, tasting, smelling, seeing, and hearing. Join us today as we discuss some activities that you can do at home to enrich your child's "sensory diet". We will have various sensory items for your child to explore and will be making mess free take home sensory bags.

Well Baby Clinic and Parenting Drop-in
Every Wednesday 9 - 11:30 at the Walker Family YMCA Centre

The Well Baby clinic is a FREE service that will run once per week and a Public Health Nurse will be available to help families weigh their infant and answer questions about healthy growth and development, nutrition or breastfeeding concerns, and other issues parents face following the birth of their child.

Resource Consultants

Resource consultants will visit our sites monthly to support our EarlyON Child and Family Centres program staff with developmental screenings, support families with the referral process for further developmental and/or diagnostic follow-up and suggest play-based goals for any child in attendance. The first 5 years are the most important years of a child's life as it lays the foundation upon which future learning is built.

Visit our centres on the following dates to meet with our consultants and ask questions.

Walker Family YMCA Centre: Wednesday, October 10 , 10am

Thorold Centre: Monday, October 15, 9:30am

Bunting Road Centre: Tuesday, October 16, 10am

Grantham Centre: Wednesday, October 17, 10am



Special Events (Please read to see if registration is required)			
Special Event	Date & Time	Location	Description
Halloween Fun!	Wednesday, October 31 All Morning	Walker Family YMCA Centre 25 YMCA Drive St.Catharines	Come dressed in your Halloween costume this morning. We'll have a spook-tacular Circle Time at 10am, followed by parade through the YMCA lobby. Come back to the centre for a Halloween treat afterwards
Pumpkin Palooza!	Wednesday, October 31 All Morning	Thorold Centre 15 Pine Street South Thorold	This morning will be all about Pumpkins. We will carve a real one, make lots of paper versions, even taste pumpkin! Wear a costume if you like, and join the fun!
Halloween Celebration	Wednesday, October 31 9am - noon	Grantham Centre 469 Grantham Avenue St.Catharines	Come wearing your Halloween costume and join us for spooktacular fun! This morning will be filled with spooky fun, crafts and stories. Registration is required.
Costume Parade	Wednesday, October 31 11:30am	Bunting Road Centre 234 Bunting Road St.Catharines	We'll be guests of the Community Services office to show off our costumes & engage the staff with our cuteness. Must Register, space is limited!



Literacy Event

The Bunting Road Centre
Thursday, October 25 All Morning

Rhymes play an important role in early literacy. Playing with words & sounds will be the focus of today's activities.

Gym Time at the Walker Family YMCA Centre

Friday, October 5, 12, 19 & 26
11:15-11:45am

NEW DAY!

Monday, October 1, 15, 22 & 29
11:15-11:45am

Gym time encourages you to get active with your children. Children will enhance their co-ordination, balance and gross motor skills.

**Please wear clean indoor athletic shoes.
Please enjoy food and beverages in the café.**

Recreational Swimming Walker Family YMCA Centre

Tuesday, October 2 - 1-2pm
Monday, October 15 - 10:15-11:15am
Tuesday, October 23 - 1-2pm
Monday, October 29 - 10:15-11:15am

YMCA Canada encourages that all children are a minimum of six months of age to participate. One adult per child is required for water activities. If your child is not fully toilet trained they must wear swim diapers or plastic pants.

Registration is not required. Please sign in at the centre and pick up a swim pass



Warner Ranch and Pumpkin Farm

7705 Schisler Rd, Welland, ON

Monday, October 22

11am-12:15pm

Join us as we visit the Pumpkin Farm! We will enjoy a horse drawn wagon ride, explore the petting zoo, do a pumpkin craft, watch a little video on "How Pumpkins Grow" while enjoying a farm fresh apple and each child will get to bring home a small pumpkin.

Registration is required. Space is limited.



Nurturing Children's Creativity
Children and Parent/Caregiver Interactions
Children of all ages
(The following workshops do not require registration)

These activities are now available at the centres on a **drop in basis, as supplies are available**.
 It is important to us to continue to offer you a welcoming environment which provides activities and materials allowing you and your child to engage in meaningful exploration and inquiry.

“Education is a natural process carried out by the child and is not acquired by listening to words but by experiences in the environment” -Maria Montessori

Child Workshop	Date & Time	Location	Description
Potato Turkey	Wednesday, October 3 and Thursday, October 4 All Day	Bunting Road Centre 234 Bunting Road St.Catharines	Drop in & have your little one poke a potato to make this fine feathered friend. Great fine motor activity!
Fall Wall Hanging	Thursday, October 4 9:30-10:30am	Grantham Centre 469 Grantham Avenue St.Catharines	Bring the beauty of nature inside with you with this beautiful fall wall hanging.
Thanksgiving Place Mat	Saturday October 6 9am - noon	Walker Family YMCA Centre 25 YMCA Drive St.Catharines	Design your own place mat for Thanksgiving dinner this weekend! We'll use Autumn items to create this one-of-a-kind place mat that can be used every year.
Fall Wreath	Wednesday, October 17 9-11:30am and 1-3:30pm	Walker Family YMCA Centre 25 YMCA Drive St.Catharines	Need some seasonal door decor to spruce up your Fall decorations? Kids, come DIY your own wreath for the season.
Sparkly Painted Pumpkins	Monday, October 22 9-11:30am	Walker Family YMCA Centre 25 YMCA Drive St.Catharines	An easy, seasonal craft for our little ones to enjoy. Children will have fun painting and decorating a small Halloween pumpkin.
Free Standing Apple Tree	Tuesday, October 23 All Morning	Thorold Centre 15 Pine Street South Thorold	We will put tubes and paper together and voila, make a cool apple tree!
Tool Time Pumpkin Design	Tuesday, October 23 and Wednesday, October 24 All Day	Bunting Road Centre 234 Bunting Road St.Catharines	Poke a Dot Pumpkin...small, medium or large holes will be created using a unique approach to pumpkin carving. Bring your own pumpkin if you would like a creation to take home with you.
Batty Bat Craft	Thursday, October 25 All Morning	Thorold Centre 15 Pine Street South Thorold	Your child will go batty over this simple, fun craft!
Halloween Masks	Tuesday, October 30 9:30-10:30am	Grantham Centre 469 Grantham Avenue St.Catharines	Get ready for Halloween and all the fun of dress up! Use your imagination and create your very own mask with different materials.

EarlyON Interactions October 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 Gym Time 11:15am WFYC</p>	<p>2 Recreational Swimming 1pm WFYC</p>	<p>3 CC: Potato Turkey All Day BRC Well Baby Clinic 9am WFYC</p>	<p>4 CC: Potato Turkey All Day BRC CC: Fall Wall Hanging 9:30am GC AO: Apple Harvest Baking 1:30pm WFYC</p>	<p>5 Gym Time 11:15am WFYC</p>	<p>6 CC: Thanksgiving Place Mat 9am WFYC</p>
<p>8 All Centres Closed for Thanksgiving</p>	<p>9 AO: Care for the Caregiver 9:30am BRC</p>	<p>10 Well Baby Clinic 9am WFYC Resource Consultant 10am WFYC</p>	<p>11 IAI: Infant Massage 10am WFYC IAI: Infant Mother Goose 10am TC</p>	<p>12 Gym Time 11:15am WFYC</p>	<p>13</p>
<p>15 Resource Consultant 9:30am TC AO: Feeding Your Toddler 10am GC Recreational Swimming 10:15am WFYC Gym Time 11:15am WFYC</p>	<p>16 AO: Screen Time: The Facts and the Myths 9:30am TC IAI: Halloween Footprint 9:30am BRC Resource Consultant 10am BRC</p>	<p>17 Well Baby Clinic 9am WFYC CC: Fall Wreath 9am and 1pm WFYC FT: Visit to the Fire Station 10am TC Resource Consultant 10am GC</p>	<p>18 IAI: Infant Massage 10am WFYC IAI: Infant Mother Goose 10am TC AO: Life/Work Balance 1:30pm BRC</p>	<p>19 Gym Time 11:15am WFYC</p>	<p>20</p>
<p>22 CC: Sparkly Painted Pumpkins 9am WFYC FT: Warner Ranch and Pumpkin Farm 11am Gym Time 11:15am WFYC</p>	<p>23 CC: Free Standing Apple Tree All Morning TC CC: Tool Time Pumpkin Design All Day BRC Recreational Swimming 1pm WFYC</p>	<p>24 CC: Tool Time Pumpkin Design All Day BRC Well Baby Clinic 9am WFYC IAI: Sensory Play 10am GC</p>	<p>25 SE: Literacy Event: Dr.Seuss All Morning BRC CC: Batty Bat Craft All Morning TC IAI: Infant Massage 10am WFYC</p>	<p>26 Gym Time 11:15am WFYC</p>	<p>27</p>
<p>29 Recreational Swimming 10:15am WFYC Gym Time 11:15am WFYC</p>	<p>30 CC: Halloween Masks 9:30am GC AO: Learning Through Play 10am WFYC</p>	<p>31 Well Baby Clinic 9am WFYC SE: Halloween Fun! All Morning WFYC SE: Pumpkin Palooza! All Morning TC SE: Halloween Celebration 9am GC SE: Costume Parade 11:30am BRC</p>	<p>1 IAI: Infant Massage 10am WFYC</p>		

Workshop Legend:
AO: Adult Opportunities
IAI: Infant and Adult Interactions
CC: Children's Creativity
SE: Special Event
FT: Field Trip

Centre Legend:
BRC - Bunting Road Centre **GC** - Grantham Centre
TC - Thorold Centre **WFYC** - Walker Family YMCA Centre